



WHATCOM
Council on Aging



March 29, 2022

Lummi Island Community Association
PO Box 163
Lummi Island, WA 98262

Dear Paul,

Thank you for your generous donation of \$1,000 to Meals on Wheels and More, a program of the Whatcom Council on Aging. Your gift on March 3, 2022 supports active aging, independence, and the nutritional needs of older adults in Whatcom County.

After five years of steady growth, demand for home-delivered Meals on Wheels by local seniors skyrocketed in 2020 with the onset of the pandemic and remains well above pre-pandemic levels. This year we have recruited a team of community members to determine the next steps to take to ensure that the Meals on Wheels and More Program can keep up with this growth in demand as well as adapt to meet the changing dietary needs and preferences of Whatcom County seniors. Our goals for this process include:

- Expanding our menus to include more vegetarian and culturally relevant options
- Assessing our need for additional kitchen space and equipment.
- Expanding our services in rural areas of the County.
- Incorporating more locally sourced food into the meals

I am proud of the way our program was able to quickly adapt and expand our services over the past couple of years. I'm also extremely grateful for the support of friends and neighbors like you whose contributions ensure that we will be able to continue to adapt and expand to meet the needs of our growing senior population.

Thank you again for supporting the Meals on Wheels and More program!

With gratitude,

*Thank you so much
for your financial
& volunteer support!*

Julie Meyers
Meals on Wheels and More Director
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**Whatcom Council on Aging is a non-profit 501(c)(3) organization. Our Federal Tax ID is #91-0784024. Your donation is tax deductible as to the extent of the law. No goods or services were provided in exchange for this donation.*